

## Highland House + One Love Learning Foundation Seva and Sangha Yoga Retreat Program



### **Exquisite estate with an enchanted history**

Built in 1942, Highland House became the private home of Oscar and Dorothy Hammerstein in the 1950s – in fact, some say *The Sound of Music* was written here. Once the setting for spirited Hollywood dinner parties, restoration in 2000 brought Highland House back to its former grandeur.

### **Elevate your senses**

When Brenda Isaac bought the estate, she was an experienced yogi with an affinity for soothing spaces. Her renovations included adding the Yoga Pavilion which is situated within calming sight of the pool. There have since been a number of transformative yoga events at Highland House.

### **Escape in a haven of beauty and comfort**

Highland House features six bedrooms on 17 lush hillside acres overlooking Montego Bay and the Caribbean Sea. Five-star service from private chefs, butlers, and housekeepers have helped the estate win a awards, and the scenery and spirit of Highland House will help you make once-in-a-lifetime memories.

### **Extraordinary opportunity to make a difference**

Highland House funds a unique charity, the One Love Learning Foundation (501-3c). OLLF supports schools in Cape Town, Jamaica, and Atlanta with programs that range from music to organic farming. At the Cavalleria Primary School in Cape Town, South Africa, malnutrition is the most urgent problem facing the student body. Since One Love began helping to provide fresh produce to the pupils there, the pass rate for Ministry of Education tests has increased from 2.9% in 2008 to 44.7% in 2011.

While we are proud of our contributions at Cavalleria, we aren't close to being done. Today, OLLF makes it possible for each student to have fresh fruit or vegetables every *other* day. We think that these children deserve healthy, nutritious food *every* day. We also have robust programs at schools in Jamaica and Atlanta that need everything from teachers to technology.

# The Seva and Sangha Yoga Retreat

With our unique **Seva and Sangha Yoga Retreat Package**, you can:

- Hold a rejuvenating retreat for your clients.
- Help OLLF fund fresh produce for the children of Cavalleria Primary School (as well as our efforts in Jamaica and Atlanta).
- Offer a unique experience that is sure to garner interest and attention.

**It's simple.** Host a yoga retreat at Hammerstein Highland House, and 25% of your rental fee will be used to support OLLF programs at Cavalleria Primary School in Cape Town, South Africa; various schools in Jamaica; and North Atlanta High School in Atlanta, Georgia.

## The package includes:

- Four or seven night retreats with arrival and departure on your preferred day of week.
- Up to 12 adult guests accommodated in six suites with en suite bathrooms and sitting areas.
- Full-service travel concierge service to arrange ground transportation and meal plans.
- Live-in butler to help with everything from serving drinks to arranging tours.
- Full time maid service, including wash and fold laundry.
- Daily in-room coffee service.
- Swimming pool, yoga pavilion, and game room including billiards, darts, and a wet bar.
- Complimentary telephone calls to US, UK, and Canada; complimentary wireless internet access.
- Satellite TV, DVD, and surround-sound stereo.

## Optional enhancements include:

- Gourmet meal plan with vegetarian, vegan, and Ital menus prepared from ingredients grown on the property's organic farm.
- In-house spa services from manicures to exceptional massages using aloe grown on the estate.
- Private driver and guide available either for a flat weekly or per-trip fee.

To learn more about the **Seva and Sangha Yoga Retreat Program**, contact us at [marketing@highlandhousejamaica.com](mailto:marketing@highlandhousejamaica.com).

To learn more about Highland House, visit [www.highlandhousejamaica.com](http://www.highlandhousejamaica.com).

To learn more about One Love Learning Foundation, visit [www.onelovelearningfoundation.org](http://www.onelovelearningfoundation.org).

Some black-out dates apply, and bookings must be confirmed 90 days in advance of arrival. Guests are responsible for staff gratuity, meals, and any optional enhancements. Detailed terms and conditions will be provided upon registration.